



**ELITE MARTIAL ARTS
CLASS SCHEDULE
Beginning 8/9/21**

Visit our website: www.elitetkdschool.com
24125 W. 111th Street, Plainfield Township, IL 60564

☎ 630-922-6622 Fax 630-922-6611

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					8:45 AM ENDURANCE TRAINING
					10:00AM - 12:00PM DEMO TEAM
4:00 - 4:30 PEE WEE ALL BELT		4:00 - 4:45 PEE WEE AND SPARRING			
4:45 - 5:30 Beginner CLASS		4:45 - 5:30 DEPUTY - ADV CLASS			
5:30 - 6:15 DEPUTY - ADV CLASS	4:45 - 5:30 ADV BELT CLASS	5:30 - 6:15 Beginner CLASS	4:30 - 5:15 TEEN CLASS	5:00 - 5:45 Beginner CLASS	
6:15 - 7:00 BLACK BELT CLASS	5:30 - 6:15 TEEN CLASS	6:15 - 7:00 BLACK BELT CLASS	5:15 - 6:00 SPARRING CLASS	6:00 - 6:45 ONLINE TEEN	
7:00 - 8:00 SPARRING TEAM	6:15 - 7:15 POOMSAE TEAM		6:00 - 7:00 POOMSAE TEAM	6:00 - 7:00 SPARRING TEAM	

CHILD BEGINNER: WHITE TO ORANGE BELT **CHILD ADVANCED : GREEN TO HIGH RED BELT**
PEE WEE : AGES 4 - 5 YEARS OLD **SPARRING CLASS: ORANGE BELT AND UP**
ADULT/ TEENAGER : AGES 13 AND OLDER